

PREP MEAL

FOOD CATERING



MENU OF THE WEEK

1

MONDAY

PASTA SALAD
ROASTED CHICKEN
GREEN BEANS
CHEESE
CHOUX A LA CREME

2

TUESDAY

CUCUMBER SALAD
CHICKEN PATTY
ORZO PASTA
YOGURT
APPLE SAUCE

3

WEDNESDAY

EGGS MAYO
TOMATO & GOAT CHEESE
TART
SPINACH
CHEESE
BANANA

4

THURSDAY

PEARL COUSOUS &
ZUCCHINI
GROUND BEEF
LENTILS
CHOCOLAT MOUSSE
BISCUIT

5

FRIDAY

CELERY REMOULADE
EGG & SPINACH MUFFIN
ROASTED TOMATOES
CHEESE
GRAPPE FRUIT



BIO PRODUCT

everything has been
selected with care
for the health of
your children



LOCAL PRODUCT

We are working
exclusively with local
producer.



DIETICIAN

Working closely
with a dietitian to
provide a healthy
menu to your
Childs.